Colorado Medicaid Prenatal Plus Program

What is the Prenatal Plus Program?
The Prenatal Plus Program is a special case management program for pregnant women on Medicaid who might be **at risk of having a low birth weight baby** (weighing 5 pounds and 8 ounces or less). Prenatal Plus gives women a case manager, a registered dietician, and a mental health professional who work together to help the woman reduce her risk of having a low birth weight baby. Prenatal Plus services are in addition to a woman's regular prenatal care.

Who is eligible?
Women who are:
- Eligible for Medicaid;
- Pregnant; and
- **At risk of having a low birth weight baby**. A short screening will be done by a Prenatal Plus provider to see if a woman meets the risk criteria.

What does it cost?
- All eligible women are exempt from any co-payment amounts.

What does "at risk of having a low birth weight baby" mean?
Some of the things that can put a woman at risk of having a low birth weight baby are:
- Smoking during pregnancy
- Drug and/or alcohol use or abuse during pregnancy
- Being underweight or not gaining enough weight during pregnancy
- Already having had a previous low birth weight baby
- Being seventeen years old or younger
- Having a high level of stress during pregnancy

What services are available?
A woman gets a case manager, a registered dietician, and a mental health professional who all work together to help her reduce her risk of having a low birth weight baby. The goal is to have at least ten visits with these providers during pregnancy. They will make sure that she is getting regular prenatal care and also help her get other services, for example, food, housing assistance and help with continuing her education or finding a job.

How does a woman enroll?
- Call 303-692-2840 for the Women's Health Unit at the Department of Public Health and Environment
- Visit www.cdphe.state.co.us/pp/womens/PrenatalPlus.html for more information and a list of providers

For more information call: **Customer Service**
Denver Metro Area: 303-866-3144
Toll Free: 1-800-221-3943

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www.chcpf.state.co.us